



Travel Consult Information

If you will be traveling abroad, you should check out information about health, safety, and possible required vaccines and/or medication well in advance at www.cdc.gov/travel. If you believe you may need a vaccine or prescription medication you should schedule a travel consult visit with an SHS provider.

Ideally, the travel consult visit should be done at least 6 weeks prior to departure. The earlier, the better. Some vaccinations and medications take time to be effective.

The most important information to gather prior to your visit is the following:

- Itinerary data
 - Countries and regions (cities, provinces/states) to be visited, in the order of travel
 - Visits to urban versus rural areas
 - Dates and length of travel in each area
 - Purpose of travel (such as business, vacation, visiting friends and relatives)
 - Modes of transportation
 - Planned and possible activities (such as hiking, scuba diving, camping, animal encounters)
 - Types of accommodations in each area (such as air-conditioned, screened, tents)
- Traveler demographics and health/medical history
 - Vaccination history, including dates, how many doses received in a scheduled series, and prior adverse events
 - Medical and psychiatric history (past and current), including any conditions or medications that suppress the immune system
 - Medications (current or taken in the past 3 months)
 - Allergies to medications, vaccines, bites/stings, eggs, shellfish, latex
 - Pregnancy and breastfeeding (current status and plans)
- Student Health Services Immunization records
 - To obtain immunization records from Student Health Services, go to Student Health Services and log-in to the patient secure website, then log in to Central Login
 - Go to immunizations

Patient Secure Log-In

Visit the [Patient Secure Website](#) to: